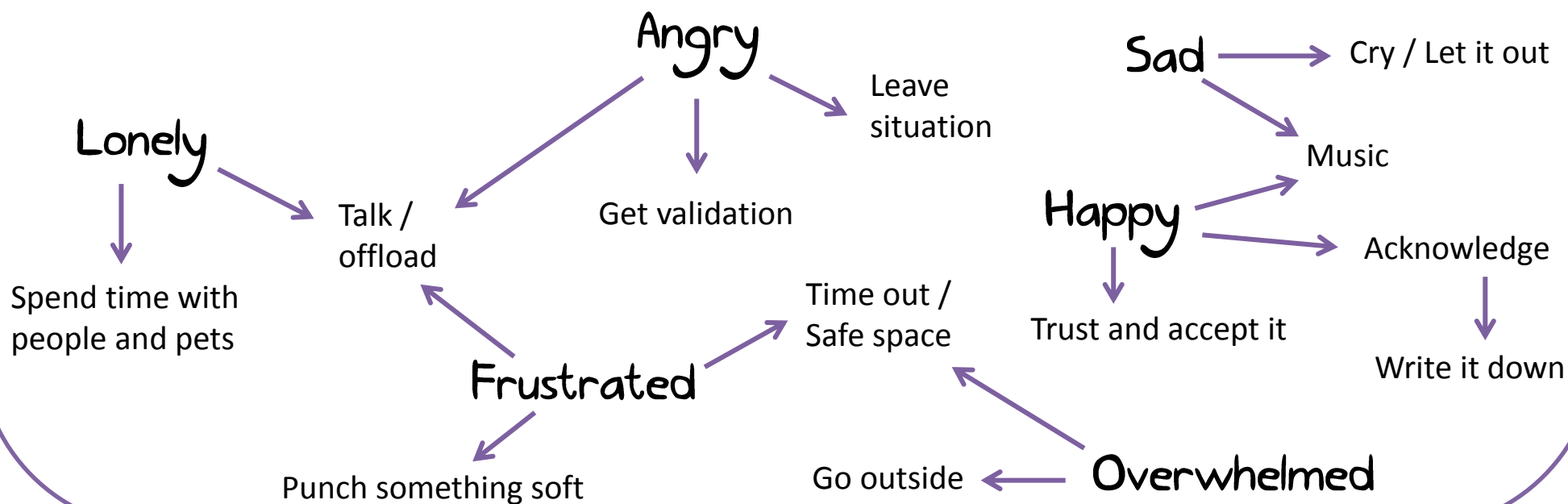
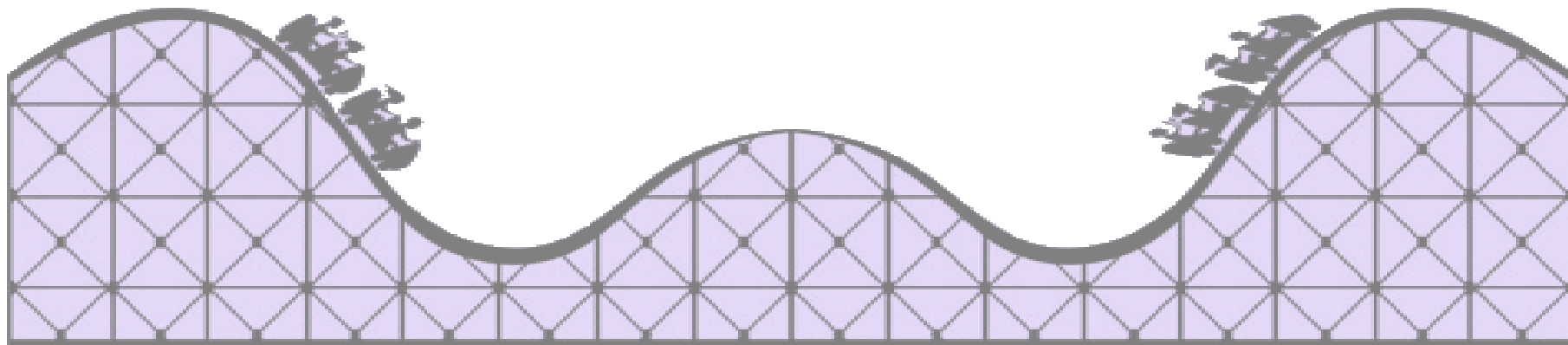


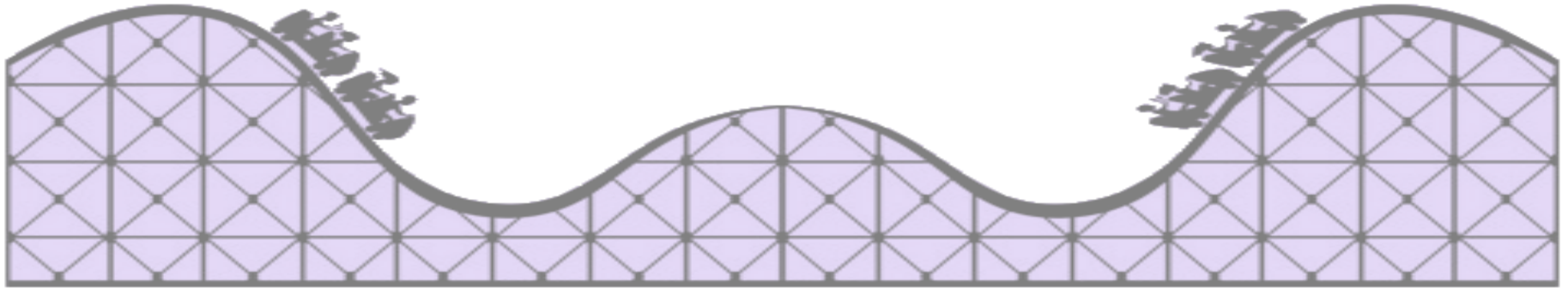
Emotions Rollercoaster

What am I feeling? How do I manage?



Emotions Rollercoaster

What am I feeling? How do I manage?



Use this space to identify what you are feeling and then think about how you will manage those emotions – what will you do?