



# Self-harm support for young people aged 16-25



A weekly drop-in, there's:

- no referral
- no assessment
- no waiting list
- and no booking required

Just turn up 6.30-8pm

Every Monday (not bank holidays)

at Lovell Park Hub, Wintoun St, Leeds LS7 1DX

[www.battle-scars-self-harm.org.uk](http://www.battle-scars-self-harm.org.uk)