



**Battle Scars**

**Onward Mental Health & Wellbeing Hub**

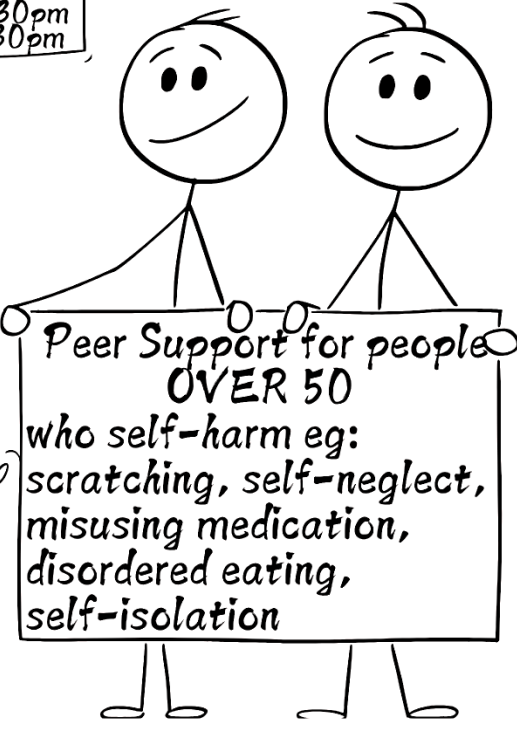
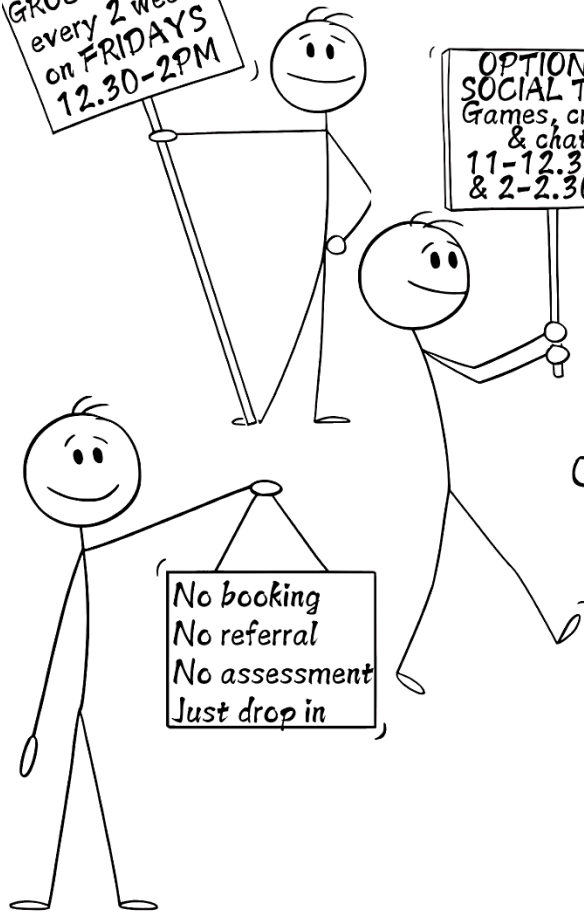
Onward House,  
Millshaw Park Way,  
Leeds LS11 0LS

**07410 380747**

FOLLOW ME TO

GROUP MEETS every 2 weeks on FRIDAYS 12.30-2PM

OPTIONAL SOCIAL TIME Games, crafts & chat 11-12.30pm & 2-2.30pm



[www.battle-scars-self-harm.org.uk](http://www.battle-scars-self-harm.org.uk)



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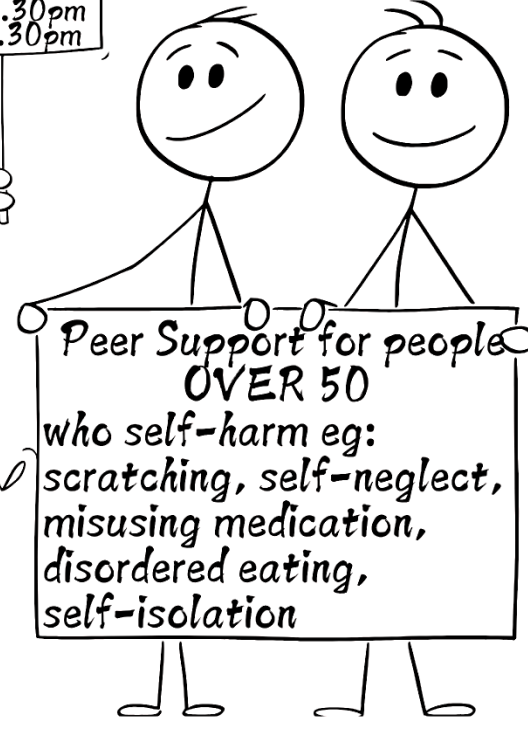
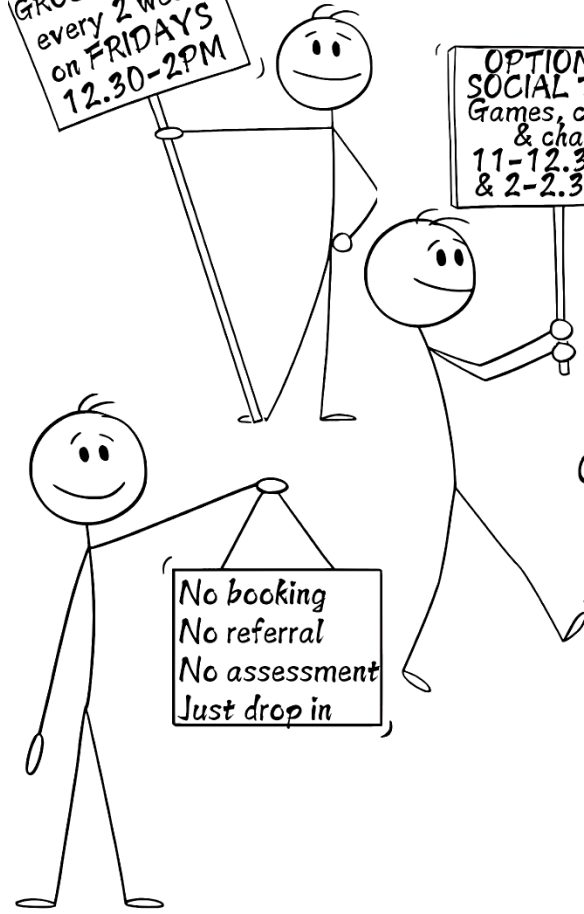
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