

# Face-to-face Group coordinator Job Description February 2024

Battle Scars is a 100% survivor-led and run charity based in Leeds, West Yorkshire, operating on a peer support model. Founded in 2016, we have experienced fast growth and constantly increasing demand for our services supporting anybody affected by self-harm.

The Battle Scars definition of self-harm is any harm done to the body or mind, internal or external, with short or long-term effects. Everyone working for us has lived experience of self-harm.

Our vision is to make sure nobody who struggles with self-harm, in whichever form, fights alone; and to break down the stigma surrounding self-harm.

For more information on our services please see our website

www.battle-scars-self-harm.org.uk

**Job title** Face-to-face group coordinator

**Reporting to** Volunteer Manager

**Job location** Battle Scars, Onward House, Onward Mental Health Hub, Millshaw Park

Way, Leeds, LS11 OLS

**Hours** 21 hours per week

**Work pattern**Both daytime and evenings, to match group times

**Salary** £14,850 per annum

**Contract type** Fixed-term (externally funded)

**Duration of contract** 12 months

**DBS check** Required (Battle Scars will cover costs)

# Main purpose of post:

- ➤ To manage the Battle Scars face-to-face peer support groups.
- > To coordinate, supervise and support volunteers involved in the projects.
- > To spread the word about the groups in Leeds and surrounding areas.

# Principal tasks and responsibilities

### Main duties

- a. Work with the volunteer manager and CEO (and other experienced group facilitators and/or trustees as necessary) to ensure the high standard running of the Leeds face-to-face peer support groups.
- b. Set up new groups according to the decisions made by the board of trustees to support people affected by self-harm.
- c. Assist in the recruitment and training of volunteers linked to this project.
- d. Manage, supervise and support this project's volunteers.
- e. Coordinate volunteers to ensure adequate numbers for each activity/group.
- f. Be the primary provider of 1:1s to group members at the Battle Scars premises as required and as specified by the group aims and agreement.
- g. Be present at newly set-up groups and regularly attend groups in the community and those running out of office hours (Leeds).
- h. Provide ongoing support to the volunteer group facilitator teams ensuring each team is able to operate independently.
- i. Assist group facilitators to plan activities and embed team working and reflection skills.
- j. Retain a support role during groups allowing volunteers to develop their skills and confidence but take the lead if required.
- k. Organise the social activities linked to this project (pre and after certain groups and asand-when socials).

- I. Ensure appropriate materials and equipment are available for the groups (e.g. craft, gaming consoles etc.)
- m. Spread the word about these groups by networking with relevant services and organisations, doing in person presentations if required (travel when working off base can be claimed as expenses).
- n. Collate reports, provide data/statistics and collect feedback.
- o. Work closely with the volunteer manager and CEO to regularly review the services.
- p. Monitor the effectiveness of the groups and work with volunteer manager and CEO to problem-solve.
- g. Work closely with other staff members to ensure the space remains safe and welcoming.
- r. Attend relevant training (training hours may differ from normal working pattern).

# **General duties**

- a. Represent Battle Scars in a professional manner
- b. Assist with volunteers' personal development (e.g. how to get the most out of Battle Scars services, promote training and volunteering opportunities)
- c. Attend and contribute to monthly team meetings
- d. Develop and implement innovative ways of working with volunteers and service users
- e. Undergo regular supervision
- f. Work in accordance with all Battle Scars policies and procedures and raise safeguarding and similar concerns if they arise
- g. Undertake any other duties as required and as appropriate to the post

Our organisation is committed to safeguarding and promoting the welfare of children, young people and adults at risk and expects all staff and post holders to share this commitment. For more information, please check out our policies and procedures which can be found on the Battle Scars website.

# This job description is not contractual and is liable to change over time

| Person specification                                                                                              |           |           |  |
|-------------------------------------------------------------------------------------------------------------------|-----------|-----------|--|
| 1. Experience                                                                                                     | Essential | Desirable |  |
| 1.1. Personal experience of both physical and psychological self-harm (past or current)                           | <b>✓</b>  |           |  |
| 1.2. Working with adults at risk in a paid or voluntary role (please provide examples)                            | <b>✓</b>  |           |  |
| 1.3. Experience delivering peer support to people with complex mental health needs                                |           | ✓         |  |
| 1.4. Personal experience of mental health services (CAMHS or adult)                                               |           | ✓         |  |
| 1.5. Project management                                                                                           |           | ✓         |  |
| <ul><li>1.6. Managing staff and/or volunteers (either formally or informally – please provide examples)</li></ul> | <b>✓</b>  |           |  |
| 1.7. Good grasp of volunteer needs who have lived experience of self-harm and/or complex mental health needs      | <b>✓</b>  |           |  |
| 1.8. Developing group activities or similar                                                                       |           | ✓         |  |
| 1.9. Experience providing 1:1 support to people at risk (either formally or informally – please provide examples) | <b>✓</b>  |           |  |
| 1.10. Experience of Battle Scars services as a service user                                                       |           | ✓         |  |

| 1.11. Data collection and record keeping                                                                                | <b>✓</b> |   |
|-------------------------------------------------------------------------------------------------------------------------|----------|---|
| 2. Knowledge                                                                                                            |          |   |
| 2.1. In depth knowledge of self-harm                                                                                    | ✓        |   |
| 2.2. Familiar with the peer support model and how it differs from                                                       | <b>√</b> |   |
| the medical model                                                                                                       | •        |   |
| 3. Skills                                                                                                               |          |   |
| 3.1. Good communication skills                                                                                          | ✓        |   |
| 3.2. A person-centred approach                                                                                          | ✓        |   |
| 3.3. Ability to effectively manage people                                                                               | ✓        |   |
| 3.4. Ability to use email                                                                                               | ✓        |   |
| 3.5. Ability to use video conferencing (Zoom or Microsoft Teams)                                                        |          | ✓ |
| 3.6. Ability to work effectively with a range of people with different skills and from different backgrounds            | ✓        |   |
| 3.7. Strong organisational, time management and prioritisation skills                                                   | ✓        |   |
| 4. Personal Qualities                                                                                                   |          |   |
| 4.1. Ability to work in a charged up and possibly triggering                                                            | ,        |   |
| environment                                                                                                             | <b>~</b> |   |
| 4.2. Good self-awareness                                                                                                | ✓        |   |
| 4.3. Problem solving skills                                                                                             | ✓        |   |
| 4.4. Ability to work under pressure, work proactively and flexibly and manage own workload                              | ✓        |   |
| 4.5. Ability to work as part of a team                                                                                  | ✓        |   |
| 4.6. Approachable, considerate, understanding, accepting and compassionate                                              | ✓        |   |
| 4.7. Have an innovative and creative approach                                                                           | ✓        |   |
| 4.8. Ability to motivate team members                                                                                   | ✓        |   |
| 4.9. Passionate about the organisation's aims and objectives                                                            | ✓        |   |
| 4.10. Commitment to equality, diversity and inclusion                                                                   | ✓        |   |
| 4.11. Commitment to own personal development and willingness to attend training or developmental activities as required | ✓        |   |
| 5. Other                                                                                                                |          |   |
| Ability to travel to the groups out in the community, for networking                                                    |          |   |
| and similar purposes – travel expenses will be covered when working                                                     | ✓        |   |
| out of Onward House.                                                                                                    |          |   |